

Wayne County Senior Services Nutrition Program

March 2020

Monday	Tuesday	Wednesday	Thursday	Friday
2 Beef Jardinière Buttermilk Potatoes Green Beans Multi Grain Bread Fruit Cocktail Milk Margarine	3 Chicken Strips Teriyaki Sauce Confetti Rice Peas & Carrots Wheat Roll Fresh Fruit Milk Margarine	4 Beef Mostaccoli Mixed Vegetables Potato Roll Hot Spiced Fruit Milk Margarine	5 Glazed Ham Whipped Sweet Potatoes Broccoli Multi Grain Bread Pineapple Tidbits Milk Margarine	6 <u>Lenten Meal</u> Krab Mac Salad White Bean Salad Coleslaw Saltine Crackers Chocolate Chip Cookie Milk
9 Meatballs w/Mushroom Gravy Buttered Garden Rotini Green Beans Multi Grain Bread Apple Juice Milk Margarine	10 White Chicken Chili Spinach Cornbread Peach Crisp Milk Margarine	11 BBQ Chicken Leg Quarter Au Gratin Rotini Green Peas Multi Grain Bread Birthday Snack Cake Milk 🎉 Margarine [Frozen Quarterly #2]	12 Hamburger Patty Sliced Cheese Lettuce & Tomato Baked Beans Mixed Vegetables Hamburger Bun Fresh Banana Milk Mustard & Ketchup	13 <u>Lenten Meal</u> Stuffed Shells Marinara Sauce Stewed Tomatoes Green Beans Wheat Roll Fresh Banana Milk Margarine
16 Cheese Omelet Stewed Tomatoes Turkey Sausage Links O'Brien Potatoes Multi Grain Bread Mixed Fruit Milk Margarine	17 <i>St. Patrick's Day Meal</i> Corned Beef w/Mustard Sauce Red Potatoes Cabbage and Carrots Wheat Roll Holiday Snack Cake Milk Margarine 	18 Taco Meat Lettuce & Tomato Shredded Cheese Pinto Beans Fiesta Vegetable Blend Flour Tortilla Fresh Fruit Milk	19 BBQ Pork Rib Patty Black-eyed Peas Mixed Greens Hamburger Bun Sugar Cookie Milk	20 <u>Lenten Meal</u> Potato Crusted Fish Garden Medley Rice Harvard Beets Wheat Roll Applesauce Milk Margarine Tartar Sauce
23 Salisbury Beef Brown Gravy Whipped Potatoes Mixed Vegetables Cornbread Fresh Fruit Milk Margarine	24 Baked Chicken Breast Alfredo Sauce Rotini Pasta Broccoli Texas Bread Applesauce Milk Margarine	25 Baked Meatballs Sweet & Sour Sauce Confetti Rice Sliced Carrots Multi Grain Bread Fresh Fruit Milk Margarine	26 Pork Roast Onion Gravy Whipped Sweet Potatoes Green Peas Wheat Roll Mandarin Oranges Milk Margarine	27 <u>Lenten Meal</u> Tuna Noodle Casserole Whole Kernel Corn Green Beans Multi Grain Bread Fresh Fruit Milk Margarine
30 <i>Baseball Opening Day</i> Sausage w/Peppers & Onions German Potato Salad Sliced Carrots Hot Dog Bun Holiday Snack Cake Milk Mustard Ketchup	31 Swiss Steak Whipped Potatoes Green Beans Multi Grain Bread Fresh Pear Milk Margarine			**MENU SUBJECT TO CHANGE WITHOUT NOTICE** <hr/> Visit us at waynecounty.com/svs <hr/> Suggested Donation \$3.00/Meal
				PLEASE CALL 24 Hours in Advance to Cancel Meals at 734-326-5202 or 1-800-851-1454